

Focused Reading Nook

RESET CHECKLIST

CLEAR

- ☐ Remove anything that belongs somewhere else
- ☐ Clear the side table
- ☐ Put away extra books, papers, cups and cords
- ☐ Leave some open space on purpose

ORGANIZE

- ☐ Choose the book or project you're using now
- ☐ Give glasses, pens and small essentials one home
- ☐ Place extra books in one basket or designated spot
- ☐ Remove anything that doesn't support reading

STRAIGHTEN

- ☐ Reset the chair position
- ☐ Straighten one pillow
- ☐ Fold or drape the throw simply
- ☐ Align the lamp and side table
- ☐ Keep the walkway into the nook clear

ADJUST THE LIGHT

- ☐ Check that the reading light reaches the page comfortably
- ☐ Reduce harsh overhead lighting
- ☐ Move the lamp if it causes glare or shadows
- ☐ Let natural daylight in when available

SET UP THE NEXT STEP

- ☐ Put your current book within reach
- ☐ Place your bookmark where you left off
- ☐ Set out glasses if needed
- ☐ Leave a journal or current project ready to return to
- ☐ Add one intentional finishing detail, such as wall art

Espie Mood Reminder

The goal isn't an empty corner.

It's a space with a clear purpose and fewer distractions.

MOOD: FOCUSED Clear. Grounded. Intentional.



Espie Mood

Design by mood, not by trend.